

GASTROSCOPY INFORMATION SHEET

Dear _____,

You have been booked for a Gastroscopy procedure at:

Glen Eira Day Surgery
544 Hawthorn Road
Caulfield South VIC 3162

Cabrini Medical Centre
183 Wattletree Road
Malvern VIC 3144

Date: _____

Time: _____

What is a Gastroscopy?

A Gastroscopy is an examination of the upper digestive tract, viewing the lining of the oesophagus, stomach and duodenum. It is done to investigate the cause of any problems or pain in regards to digestion. A twilight anesthetic is given to help you relax and put you to sleep.

***If you have a BMI over 45, please call and tell our staff as your procedure will need to be performed at a different facility.* BMI = Weight (kg) ÷ (Height (m) x Height (m))**

Are there any risks or side-effects?

Although complications can occur, they are rare. Very few people experience serious side-effects from gastroscopy. You may have a slightly sore throat after the procedure and there is a slightly increased risk of chest infection. Air may also be trapped in your stomach causing you to feel bloated. If a biopsy has been taken or treatment performed, there may be minor bleeding. Very rarely, the stomach lining may be torn and if this occurs you will be admitted to hospital for an operation to repair it. Reactions to the sedative are also possible, but again rare.

The procedure takes approximately 15minutes but you need to account to be here **3 to 3.5 hours. Please be advised that within this time you may wait between 1 to 2 hours in the waiting room before you go into theatre.**

Please note that occasionally ones teeth may be affected during gastroscopy, but the Doctor and Anesthetist will not take responsibility to any damaged teeth.

Please follow these Instructions carefully

- You must fast (NO food or drink-including water) from 6 hours (12 hours if you have a lapband) prior to your procedure.
- If you are on any medication you will need to check with your GP that you can continue taking it leading up to your Gastroscopy. If you are on medication that you will need to take within the fasting period, it may be taken with a tiny sip of water. If you are on any **blood thinner medications please call reception** a week before your procedure.
- Please ensure you have a pick up organised following your procedure, as you **CANNOT** drive, walk or catch public transport home.
- **Please ensure that you do not return to work after your procedure.**
- Wear loose comfortable clothing
- **Please call reception if you are insulin dependent Diabetic** as your procedure will need to be early.

Please bring with you to the Appointment

- Medicare Card- **Please advise reception if you have reciprocal or interim card before the procedure date**
- A copy of your referral from your doctor
- Your private health insurance details / pension card or health care card details
- A list of your current medication

A LOCKER WILL BE PROVIDED FOR STORAGE OF PERSONAL ITEMS, HOWEVER, NO LIABILITY WILL BE ACCEPTED BY GEDS FOR VALUABLES/JEWELLERY KEPT ON THE PREMISES.

PLEASE NOTE IF YOU DO NOT HAVE AMBULANCE COVER WITH AMBULANCE VICTORIA YOU WILL BE LIABLE FOR THE FEE IF IN THE EVENT YOU NEED AMBULANCE TRANSFER.

PLEASE CONTACT CAULFIELD ENDOSCOPY ON 9595 6666 IF YOU HAVE ANY QUESTIONS OR CONCERNS REGARDING YOUR BOOKING.