

# AFTER CARE SHEET

## GLEN EIRA DAY SURGERY

544 HAWTHORN ROAD  
CAULFIELD SOUTH VIC 3162

Tel: (03) 9595 6666 Fax: (03) 9595 6611

Email: [reception@geds.com.au](mailto:reception@geds.com.au)

ABN: 81 402 472 751

## After your COLONOSCOPY

1. You should rest at home for the remainder of the day following your procedure.
2. Because of the sedative medications given to you for your procedure you should not:
  - Drive
  - Operate Machinery
  - Return to work
  - Sign important documents

### UNTIL THE FOLLOWING DAY

3. Mild abdominal cramping (relieved by the passage of wind) is not uncommon after the colonoscopy.
4. A written report will be forwarded to your doctor within the next few days.

### If you experience

- Moderate to severe abdominal pain
- Fever
- Vomiting
- Bleeding from the back passage

### Please contact:

- **Glen Eira Day Surgery on 9595 6666 or alternatively page your specialist on 9387 1000.**
- Dr Stephen Pianko
- Dr Anouk Dev
- Dr Dilip Ratnam
- Dr Virginia Knight

If you do not have a follow-up appointment with your gastroenterologist, you must make an appointment with your general practitioner to ensure any biopsy results have been checked.

An appointment has been made with **Dr Pianko, Dr Dev, Dr Ratnam, Dr Knight** at:

**Caulfield**  
Caulfield Endoscopy  
544 Hawthorn Road  
Caulfield South Vic 3162

**Malvern**  
Wattleree Specialist Group  
198 Wattleree Road  
Malvern Vic 3144

**Moorabbin**  
Moorabbin Specialist Centre  
873 Centre Road  
East Bentleigh Vic 3165

Date: \_\_\_\_\_ Time: \_\_\_\_\_ Payment: \_\_\_\_\_

Please take medication as instructed by your doctor.

### **ALL FEES ARE DUE AND PAYABLE AT TIME OF CONSULTATION**

**NOTE:** In the event that you require a follow up **COLONOSCOPY**, the clinic will send 2 recall letters to your current address. The onus is on you to make an appointment.