

Gastroscopy Information Sheet

Dear _____ ,

You have been booked for a Gastroscopy procedure at

Date _____

Time _____

A Gastroscopy is an examination of the upper digestive tract, viewing the lining of the oesophagus, stomach and duodenum. It is done to investigate the cause of any problems or pain in regards to digestion. A twilight anesthetic is given to help you relax and put you to sleep.

The procedure takes approximately 15 minutes but you need to account to be here **3 to 3.5 hours**.

Please ensure you have a pick up organised following your procedure, as you **CANNOT** drive home. You cannot drive for the remainder of the day and should plan to rest. An appointment will often be made to discuss your results with you, otherwise your GP will be forwarded your results. You will also be given a written report.

PLEASE FOLLOW THESE INSTRUCTIONS CAREFULLY

- You must fast (NO food or drink-including water) from 6 hours prior to your procedure.
- If you are on any medication you will need to check with your GP that you can continue taking it leading up to your Gastroscopy. If you are on medication that you will need to take within the fasting period, it may be taken with a tiny sip of water.
- No driving

PLEASE BRING WITH YOU TO THE APPOINTMENT

- Medicare Card
- A copy of your referral from you doctor
- Your private health insurance details / pension card or health care card details

PLEASE CONTACT CAULFIELD ENDOSCOPY ON 9595 6666 IF YOU HAVE ANY QUESTIONS OR CONCERNS REGARDING YOUR BOOKING